

RISE & SHINE

"BREAKFAST WORTH GETTING UP FOR" WITH TWININGS TEA FOR EVERYDAY!

BRING A LITTLE STYLE TO YOUR TEA MOMENT EVERYDAY WITH TWININGS. Since 1706, Twinings has been selecting a wide range of exceptional teas from around the world and their expert blenders go to great lengths to ensure that every tea bearing the Twinings name is the very finest.

However, it is often asked whether they have a traditional-tasting tea for everyday.

They do! After three hundred years of blending fine teas, Twinings has broken with tradition and for the first time has crafted a wonderfully rounded and flavoursome blend of tea for drinking at any time, everyday.

With all the quality you would expect from Twinings, this new tea for everyday is a refreshing cup of tea that



promises to bring contemporary, sophisticated style to your everyday tea moment.

Twinings new tea for everyday has been blended to include peak quality June Assams for body, high grown Ceylons from the Dimbula region for flavour and Kenyans for briskness and strength.

Twinings new tea for everyday will be on the shelf as from January 31st 2005 and is available in distinctive new yellow packs containing 40, 80 or 160 teabags, with RRP's from £1.09, £1.75, and £3.35 respectively.

Twinings are pleased to giveaway a free box of their new 'Tea For Everyday' for the first twenty readers to apply by emailing MsL.competition@indmags.co.uk



BUY ONE SAUSAGE, BEAN & CHEESE MELT - GET A TEA OR COFFEE FREE!

New at Greggs is the tasty Sausage, Bean & Cheese Melt. To celebrate the launch, if you buy a Sausage, Bean & Cheese Melt with this voucher, you'll get a cup of tea or coffee FREE!

Freshly baked in each Greggs shop every day, the Sausage, Bean & Cheese Melt, coated in crisp pastry, is perfect whether you want breakfast on the go, a mid-morning snack or a filling treat for lunch!

Also, feast your eyes on the sausage rolls and the cheese and onion, vegetable and chicken pasties. Or, for a real energy burst, try a scrumptious Steakbake®, made from prime Scottish beef. In every Greggs shop, you will find a high standard of freshly baked treats, making your taste buds run wild. At great value for money prices, Greggs savouries are perfect to fill you up!



get a free tea or coffee when you buy a sausage, bean & cheese melt

Offer only applies to tea and coffee. Valid at any participating branch of Greggs. Not valid in conjunction with any other offer. Not exchangeable for cash. Subject to availability. Photocopies not accepted. Only one voucher per person per visit. Valid until 31/03/05.

great taste :: great value

GREGGS